



# MENTAL HEALTH IS JUST AS IMPORTANT AS PHYSICAL HEALTH

## Local and national resource list for students and parents

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### NATIONAL SUICIDE PREVENTION HOTLINE

Call 1-877-273-8255 • Text 'TALK' to 741741

[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

Local Crisis Unit - Park Place Behavioral Health Care: 407-846-0023

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### OSCEOLA COUNTY SCHOOL DISTRICT

[www.osceolaschools.net/keeposceolasafe](http://www.osceolaschools.net/keeposceolasafe)

Mental Health Questions Report • Bullying • Report A Threat

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### DEVEREUX'S MOBILE CRISIS SERVICES (24/7)

Call or text 407-720-0281

Can provide services via phone, Skype, or Zoom

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### TEEN HEALTH RESOURCES \*



<b>Florida Abuse Hotline</b>	1-800-96-ABUSE	
<b>Love is Respect</b> Prevent & End Abusive Relationships	1-866-331-9474 or text 'loveis' to 22522	<a href="http://loveisrespect.org">loveisrespect.org</a>
<b>National Eating Disorders Association</b>	1-800-931-2237 or text 'NEDA' to 741741	<a href="http://nationaleatingdisorders.org">nationaleatingdisorders.org</a>
<b>National Human Trafficking Hotline</b>	1-888-373-7888 or text 'HELP' or 'INFO' to BeFree (233733)	<a href="http://humantraffickinghotline.org">humantraffickinghotline.org</a>
<b>National Institute On Drug Abuse For Teens</b>		<a href="http://teens.drugabuse.gov">teens.drugabuse.gov</a>
<b>Stay Teen: Sexual Health</b>		<a href="http://stayteen.org">stayteen.org</a>
<b>STOMP Out Bullying</b>		<a href="http://stompoutbullying.org">stompoutbullying.org</a>
<b>Students Working Against Tobacco (SWAT)</b>		<a href="http://swatflorida.com/join-the-movement">swatflorida.com/join-the-movement</a>
<b>The LGBT+ Center Kissimmee - Zebra Coalition</b>	407-201-2544	<a href="http://www.thecenterorlando.org/the-center-kissimmee">www.thecenterorlando.org/the-center-kissimmee</a>

